

## **Extended Care Health Option**

The TRICARE Extended Care Health Option (ECHO) provides financial assistance to eligible beneficiaries who qualify based on specific mental or physical disabilities and offers an integrated set of services and supplies not available through the basic TRICARE program. TRICARE ECHO doesn't replace basic TRICARE programs; it supplements the benefits of the TRICARE program option that eligible beneficiaries use.

ECHO benefits are only available to qualified active duty family members (including family members of activated National Guard or Reserve members). Active duty family members must qualify for ECHO through ECHO case managers in each TRICARE region.

The following link highlights how to qualify for ECHO, the benefits provided and the costs for ECHO services. You also will learn about special requirements and where to go for more information or assistance if you think you or someone in your family may qualify for ECHO.

You may qualify for these services but I would contact them to find out:

<http://www.tricare.mil/echo/default.cfm>